

# COURSE OVERVIEW



Course: **AED Defib Training - Including Life Support (Outside the M25)**

Category: **First Aid Training**

Duration: **0.5 day**

Max Dels: **12**

**Citrus Training**

Citrus Group House, Diamond Way,  
Nene Park, Irthlingborough,  
Northamptonshire, NN9 5QF

T. **08448 00 77 55**

F. **01933 22 88 76**

E. **develop@citrustraining.co.uk**

W. **www.citrustraining.co.uk**



There are no upcoming public course dates available; however we can deliver this course at a date and location to suit you. Get this course from as little as £30.50 per person.

## Course Summary

The AED with life support course is accredited by the British Red Cross. The AED Course covers adult information. N.B. In an emergency situation these skills can be used for children. It is important that customers who attend the AED training course are physically able to carry out the procedures detailed in the AED course outline. Full attendance is required to be eligible for the continuous assessment. Attend the same AED training course but inside for an extra cost: Inside AED training course.

## Who Attends

The AED training course is for customers who wish to be trained in the safe use of an AED machine but does not have a current first aid certificate (also suitable for first aid trained persons).

## The Aim

The aim of the AED training course is to train customers in the safe use of an AED machine and basic life support.

## Knowledge

The AED training course teaches basic life support training and AED machine training.

## Course content

The AED training course accredited by the British Red Cross includes the following content: > Personal safety, assessing the incident and patient priorities: DR, ABC check and sending for help - danger, response, airway, breathing, circulation. > How to deal with an unconscious casualty > How to recognise a casualty who is not breathing normally > Cardio pulmonary resuscitation (CPR) > Defibrillation (recognition of heart rhythms) > CPR and use of AED on casualty > General

guidelines for using a defibrillator > Recording of information (sample report form) > Hand over to the emergency services > Safety considerations > Practical exercises will be used for the assessment