

COURSE OVERVIEW



Course: **First Aid at Work Requalification (Inside the M25)**

Category: **First Aid Training**

Duration: **2.0 day**

Max Dels: **12**

Citrus Training

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ALTERNATIVE DATES

Location	Date	Spaces
Chislehurst	30 Sep 2021	12 Available
Moorgate	30 Sep 2021	11 Available
Bromley	04 Oct 2021	12 Available
London	04 Oct 2021	12 Available

Course Summary

Delegates should provide a passport photograph on the day of training for production of ID Cards. Delegates should inform their trainer if they have any serious health issues, physical problems, special considerations or are taking any medication, which may create difficulties in undertaking elements of this training course. For training held at your own location, please ensure that the classroom you make available has a 240v power supply and is a suitable size for the number of delegates attending. Please ensure that the practical area has been risk assessed, is free from harm and is suitable for training.

Who Attends

Members of staff that need to renew a First Aid at Work certificate.

The Aim

Our First Aid at Work Requalification course allows you to refresh your existing skills and knowledge.

Knowledge

By the end of the requalification course delegates will be able to: > Record and report accidents and injuries in the workplace (RIDDOR). > Administer basic life support and put a casualty in the recovery position correctly. > Treat any first aid/emergency situation in the workplace.

Course content

Includes recognition and treatment of: > Blood loss and shock. > Caring for an unconscious casualty. > Performing Cardio-Pulmonary Resuscitation (CPR). > Burning and scalds. > Disorders of the airway. > Poisoning. > Bone

injuries. > Major medical conditions.

Methods

A high proportion of case studies and discussion will be supplemented with practical work and classroom based tutorials. To obtain certification delegates must pass a post-course assessment paper.

Course Information

Start time: 09:00

End time: 17:00

Duration: 2.0 day

Max delegates: 12