

COURSE OVERVIEW



Course: **Level 3 Award in Working in High Risk Confined Spaces (6160-03)**

Category: **Confined Space Training**

Duration: **3.0 day**

Max Dels: **10**

Citrus Training

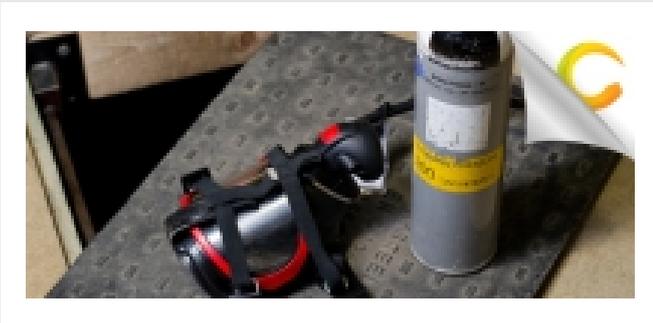
Citrus Group House, Diamond Way,
Nene Park, Irthlingborough,
Northamptonshire, NN9 5QF

T. **08448 00 77 55**

F. **01933 22 88 76**

E. **develop@citrustraining.co.uk**

W. **www.citrustraining.co.uk**



ALTERNATIVE DATES

Location	Date	Spaces
Walsall	18 Jul 2022	10 Available
Brentwood	20 Jul 2022	2 Available
Irthlingborough	08 Aug 2022	10 Available
Walsall	13 Sep 2022	10 Available

Course Summary

The City and Guilds Level 3 Award in High Risk Confined Spaces course (6160-03) is suited for workers who operate as part of a team working in high risk confined spaces. The course will incorporate practical learning that will equip candidates with the skills and knowledge for safe working in high risk confined spaces using self-contained breathing apparatus. This course also covers medium risk entry with the safe use of escape sets.

Who Attends

This unit is for those who work in a high-risk environment and includes preparing to work safely, entering and exiting high risk confined spaces safely, using equipment and tools safely, following procedures and dealing with emergencies. The course can only be taken in English. Translators are not allowed under the CandG exam condition rules. Candidates are to be cleanly shaven due to the close fitting respiratory protective equipment.

The Aim

The aim of this unit is to reflect the national occupational standard for a high risk related confined space environment.

Knowledge

At the end of the training course delegates should know: The dangers associated with confined space working. How to risk assess a confined space. How to classify a confined space. The types of escape breathing apparatus and self-contained breathing apparatus. How to undertake pre-entry and pre-wearer checks on equipment. The necessary manning levels. Why there is a need for periodic examinations of equipment. The emergency procedures when working in a confined space. Perform an entry using self-contained breathing apparatus.

Course content

At the end of the training course delegates should be able to: Show an understanding of current legislation associated with confined space work. Recognise and classify a confined space. Produce Safe Systems of Work for entry into confined spaces including point of works risk assessment. Use personal protective equipment, i.e. harnesses and access equipment. Types and safe use of atmospheric monitoring equipment. Types and safe use of escape breathing apparatus and self-contained breathing apparatus. Recognise diseases and understand the necessary personal hygiene requirements associated with confined spaces.

Methods

A high proportion of practical exercises, including confined space entry, which will be supplemented with classroom-based tutorials. Assessment: Practical observation and a short answer question paper. Additional Information: Candidates should inform their trainer if they have any serious health issues, physical problems, special considerations or are taking any medication, which may create difficulties in undertaking elements of this training course. This course is of a physical nature and candidates should be fit to attend. This course also requires the candidate to be cleanly shaven.

Course Information

Start time: 08:30

End time: 17:00

Duration: 3.0 day

Max delegates: 10